

Spilling *the* Beans

Good workplace culture starts with great coffee.

ISSUE 07

COLD COFFEES FOR A HOT SUMMER

Make amazing iced coffees in the office.

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NEW COFFEE COMING SOON

Take a sneak peek at our new blends.

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It's iced coffee season!

Make the best chilled treats with your office coffee machine.

Learn how on page 4.



Based on 438 customer reviews from the last 12 months.



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Welcome to Spilling The Beans: Issue 07.

What does August mean? To us it's nice weather, cold coffees, and a new issue of Spilling The Beans!

And whilst we're talking about cold coffees, check out the latest chilled treat recipes doing the rounds at the office (page 4). I particularly recommend the coconut water and dalgona coffee - it's as tasty as it is refreshing!

We also have a sneak peek at our exciting new coffee (page 6). We're completely revamping the range to bring you a more varied, sustainable, and ethically sourced selection of beans. We call the new range Ricco Fabio, and you can see how it will change coffees for you on page 8.

And as always, if you need anything, the team is just a call away on **020 7553 7900**.

Richard Dunham

Head of Brand
richard.dunham@freshground.co.uk



Amazing new iced coffees.

Some days it's just too warm to enjoy a hot drink. Fortunately, it's easy to make up a cold coffee in seconds from any of our bean to cup coffee machines. Just dispense an espresso over ice and top up with milk. Done!

But you can do so much more with just a few simple ingredients, to turn your chilled caffeine fix into the coolest of treats. Here are the latest creations going around the FreshGround office.

It's easy... make your own!

Coconut Water & Dalgona Coffee

1. Add double espresso and two tsp of sugar to a bowl. Whisk until foamed.
2. Fill a glass with ice, and then half-fill with coconut water.
3. Pour foamed coffee mix into the glass to top the drink.
4. Garnish with dried coconut, if desired.

Caramel Iced Macchiato

1. Drizzle the inside of a glass with caramel sauce, if desired.
2. Fill the glass with ice, and the half-fill with milk.
3. Add two tbsp of caramel syrup (or more to taste).
4. Pour double espresso into the glass.
5. In a separate bowl, whisk together three tbsp of double cream, two tbsp of milk, and a tsp of vanilla syrup, until foamed.
6. Pour the foam into the top of the glass.
7. Drizzle with caramel sauce if desired.

Tiramisu Iced coffee

1. Fill a glass with ice, and then half fill with milk.
2. Add a shot of espresso to the glass, as well as two tsp of vanilla syrup.
3. In a separate bowl, whisk together two tbsp of double cream, two tbsp of milk, one tbsp mascarpone and one tsp of sugar, until foamed.
4. Pour the foam into the top of the glass.
5. Dust the drink with cocoa powder.

Buy MONIN syrups today:



Introducing **RICCO FABIO.**

Socially responsible coffee.

Ricco Fabio - a new coffee collection.

We're excited to announce that we're revamping our coffee collection. Introducing Ricco Fabio, launching later this year. There are many reasons for the shake up, but here are the big three:

Focussed range, broader appeal.

Our current range features 19 blends across our whole bean and filter coffees. Among these, there are many equivalents and similar tasting blends. As such we've chosen to streamline this selection to six coffees, making the range a lot more simple.

But within these we've altered the roast profiles to cater for a much broader range of tastes, with a light, medium, and dark roast, along other specialty coffees. This means we can match your favourite high street chain drink to one of our new blends and provide a similar taste experience for your workplace.



Responsibly sourced direct from the farm.

Ricco Fabio blends include beans that are sourced directly from farms in the Alta Mogiana region of Brazil. This allows us to cut out the usual middlemen from the process and provide a lot more transparency in our supply chain. It means we can ensure that our farming partners get a fair deal, and that none of the money we pay for their coffee is funnelled anywhere else. It also allows us to see that the farms we work with offer good wellbeing for their workers, follow ethical production practices, and that suitable sustainable farming methods are used.

Our first single origin coffee bean.

Up to now, all of our coffees have been a blend of different countries and regions, which helps us diversify flavours. Excitingly, we'll soon be able to offer a single origin coffee from our farming partners in Brazil. Single origin coffees like this will feature distinctive characteristics unique to the region. In the case of our Brazilian single origin coffee, you'll find marzipan and almond undertones, perfectly balanced with a citrus, zingy finish, and hints of spiced caramel.

Want to try Ricco Fabio coffee?

We're now able to offer coffee tasting sessions with Ricco Fabio coffees at our Moorgate CoffeeCafé. Contact us today to book your exceptional coffee experience.

020 7553 7900 | hello@freshground.co.uk



How will Ricco Fabio affect you?

The launch of Ricco Fabio coffee later this year will signal a transition from our current blends to the new. We'd love to reassess your tastes with an in-person coffee experience, but if you just want the like-for-like swap, this chart will help.



About our **coffee.**

With FreshGround, coffee is an experience.

In contrast: chugging down a poor-tasting cup of instant coffee from a slow office kettle is not. Whether you crave that morning espresso for Monday's meeting or an oat milk latte during your afternoon break – office coffee matters – and should be effortless, inclusive and delicious.

That's why our bean-to-cup coffee machines present you with the full range of coffee options. Our dual-milk machine settings make dairy-free milk coffees a staple. And our range of premium coffee beans are guaranteed to tingle tastebuds.

Read on to discover the full range. From light, floral and fruity blends to robust, nutty and chocolatey flavours – there are new favourites knocking on your office's door.

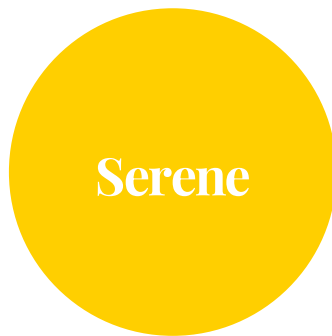
Our Premium Blend coffee includes beans from Rainforest Alliance Certified farms, meaning you can enjoy your cup while supporting coffee growers and communities in their trade. Look out for the logo next to our Premium Blend Coffees.



Coffee & consumable price list

Helping you choose a blend.

Our strengths



Serene

Full of light, fruity flavours, the Serene family of coffees features delicate floral and acidic citrus notes. Enjoy without milk to truly appreciate the variety of subtle flavours showcased in these blends.

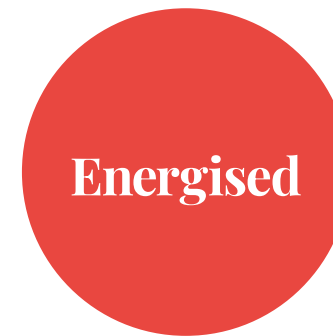


Refreshed

These bright, aromatic blends will lift your day, including fresh notes such as sharp green apples and ripe berries. Perfect as a lively, long black drink, Refreshed blends make for a vibrant Americano or filter coffee.

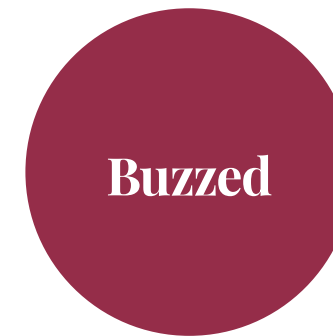
Choosing a coffee shouldn't just be a shot in the dark. That's why we devised our strength families to help you select a coffee that you, your colleagues and your clients will love.

Our range goes from light, floral and fruity flavours, through fruity, chocolates and nutty, all the way up to smoky and intense tones.



Energised

Rich milk chocolate, ripe cherries and toffee flavours feature in our warming Energised collection of coffees. Smooth and balanced, these blends are superb with or without milk, and inject a smile into the whole office.



Buzzed

Take it up a notch with our Buzzed collection. These charismatic coffees deliver rich, bold notes such as dark chocolate, caramel and roasted nuts, and balance perfectly in milky drinks such as lush lattes and flat whites.



Hyper

These bold blends deliver full-bodied intensity with a hint of bitterness. Smoky, spicy and with notes of caramel and molasses, our dark-roasted Hyper blends are a wake-up call for even the most serious of coffee drinkers.



Are you Buzzed?

Take the quiz to find out which blend suits your personality!
freshground.co.uk/are-you-buzzed

Whole Bean Coffee



Code	Description	Range	Quantity	Price
10 x 454g Premium Coffee Beans				
C111	Brazilian Santos	● Premium Blend	10 x 454g	£160.00
C112	Guatemala Antigua	● Premium Blend	10 x 454g	£167.60
C113	Santa Barbara	● Premium Blend	10 x 454g	£138.40
C114	Mount Elgon	● Premium Blend	10 x 454g	£140.20

4 x 454g Premium Coffee Beans

C121	Brazilian Santos	● Premium Blend	4 x 454g	£71.20
C122	Guatemala Antigua	● Premium Blend	4 x 454g	£75.50
C123	Santa Barbara	● Premium Blend	4 x 454g	£62.80
C124	Mount Elgon	● Premium Blend	4 x 454g	£65.90
C125	Premium Selection Pack (one sachet of each of the above blends)	● Premium Blend	4 x 454g	£76.00

Whole Bean Coffee



Code	Description	Range	Quantity	Price
4 x 454g Free-Loan Coffee Beans - for free-loan coffee machine packages				
C131	Brazilian Santos	● Premium Blend	4 x 454g	£84.90
C132	Guatemala Antigua	● Premium Blend	4 x 454g	£84.90
C133	Santa Barbara	● Premium Blend	4 x 454g	£84.90
C134	Mount Elgon	● Premium Blend	4 x 454g	£84.90
C135	Premium Selection Pack (one sachet of each of the above blends)	● Premium Blend	4 x 454g	£84.90



Code	Description	Range	Quantity	Price
12 x 454g Business Blend Coffee Beans				
C003	Morning Rise (Decaf)	● Business Blend	12 x 454g	£172.80
C009	Rendezvous	● Business Blend	12 x 454g	£144.70
C001	Rush Hour	● Business Blend	12 x 454g	£138.80
C005	Fast Jazz	● Business Blend	12 x 454g	£133.30
C008	Storm	● Business Blend	12 x 454g	£108.60

Filter Coffee



Code	Description	Range	Quantity	Price
5l Premium Bulk-Brew Filter Coffee (255g sachets) see right for K004 filter papers				
A323	Blue Mountain	Premium Blend	24 sachets	£185.90
A325	Colombia Altura	Premium Blend	24 sachets	£183.20
A327	Brasilia Forte	Premium Blend	24 sachets	£189.80
2.5l Premium Half Bulk-Brew Filter Coffee (130g sachets) see right for K009 filter papers				
A324	Blue Mountain	Premium Blend	36 sachets	£150.30
A326	Colombia Altura	Premium Blend	36 sachets	£157.00
A328	Brasilia Forte	Premium Blend	36 sachets	£166.80
A332	Premium Selection Pack (12 sachets of each of the above blends)	Premium Blend	36 sachets	£170.70
12-Cup Filter Coffee (56/60g sachets) - includes filter papers				
A208	Cool Breeze (Decaf)	Business Blend	48 sachets	£92.70
A201	Kenya	Business Blend	48 sachets	£99.90
A210	Pure Colombian	Business Blend	48 sachets	£79.50
A205	City Sprint	Business Blend	48 sachets	£66.80

* As part of our transition to the new Ricco Fabio coffee later in 2024, we will gradually discontinue blends as listed in the current range. You will be told at point of order if your selected coffee is affected, and a suitable replacement will be recommended. For an up to date list of current coffee blends, please see our [website](#).

Coffee Brewers, Papers & Kits



Coffee Brewers & Filter Papers

Code C210	V60 Filter Coffee Brewer 1 Cup	£10.60
Code C211	Glass Cafetiere 2 Cup	£16.70
Code C212	Black Spoon Clip	£3.00
Code C213	V60 Filter Papers	40 Papers £6.60
Code K001	12-Cup Fluted Filter Papers for P1 Mondo	100 Papers £10.40
Code K004	5l Large Filter Papers for P3 ICB	100 Papers £14.50
Code K009	2.5l Gourmet Filter Papers for P2 Bunn Smartwave	100 Papers £16.30



Cafetiere Coffee Lovers Kit

This kit includes:
4x packs of premium filter coffee
1x Cafetiere
1x Measuring Spoon

£48.00 • Code C215

V60 Coffee Lovers Kit

This kit includes:
4x packs of premium filter coffee
1x V60 Dripper
1x V60 Coffee Filter Papers
1x Measuring Spoon

£39.10 • Code C214

Office Teapoint Starter Packs

Six classic combination packs with everything you need to create delicious hot and cold drinks.



Bean-to-Cup Starter Pack

This kit includes:
Premium Coffee Beans Selection Pack,
Coffee Machine Cleaning Kit

SAVE 20% ~~£90.00~~ £74.70

Code START/B2C



Bean-to-Cup Starter Pack with Chocolate

This kit includes:
Premium Coffee Beans Selection Pack,
Van Houten Hot Chocolate (10 x 1kg),
Coffee Machine Cleaning Kit

SAVE 20% ~~£146.00~~ £121.50

Code START/B2C_CHOCOLATE



Bean-to-Cup Starter Pack with Chocolate & Granulated Milk

This kit includes:
Premium Coffee Beans Selection Pack,
Van Houten Hot Chocolate (10 x 1kg),
Mook Granulated Milk (10 x 500g),
Brewer cleaning tablets

SAVE 20% ~~£200.00~~ £166.10

Code START/B2C_POWDER



Filter Coffee Starter Pack

This kit includes:
Premium Filter Coffee Selection Pack,
Filter Papers (P2 or P3),
Coffee Cleaning Tablets

SAVE 20% ~~£180.00~~ £149.40

Code START/FILTER_P2
START/FILTER_P3



Cold Tap Starter Pack

This kit includes:
FG Single-Wall Cups (1000)
Sweetbird, Peach Iced Tea Syrup,
Sweetbird Watermelon Iced Green Tea Syrup,
Sweetbird Passionfruit Lemon Iced Tea Syrup

SAVE 20% ~~£113.00~~ £94.00

Code START/WATER



Consumables Starter Pack

This kit includes:
FG White Sugar Sticks(1000), FG Brown Sugar Sticks (1000), Canderel Red Sweetener Sticks (500), FG Double-Wall Cups 8oz (1000), Lids for Paper Cups 8oz (1000), Lotus Caramelised Biscuits (300), Newby English Breakfast, Newby Peppermint, Newby Strawberry & Mango, Wooden Stirrers (1000)

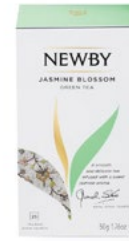
SAVE 20% ~~£218.00~~ £181.70

Code START/CONSUMABLES

Premium Tea



Premium Tea



Jasmine Blossom - Green Tea

£6.90 • 25 tagged and enveloped bags • Code F130



Green Lemon - Green Tea

£5.30 • 25 tagged and enveloped bags • Code F131



Moroccan Mint - Green Tea

£5.30 • 25 tagged and enveloped bags • Code F132



English Breakfast - Black Tea

£5.30 • 25 tagged and enveloped bags • Code F124



Earl Grey - Black Tea

£5.30 • 25 tagged and enveloped bags • Code F125



Pride of Africa - Black Tea

£5.30 • 25 tagged and enveloped bags • Code F126



Oriental Sencha - Green Tea

£6.90 • 25 tagged and enveloped bags • Code F133



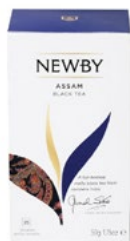
Peppermint - Herbal Tisane

£6.90 • 25 tagged and enveloped bags • Code F134



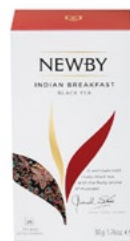
Rooibos Orange - Herbal Tisane

£6.90 • 25 tagged and enveloped bags • Code F135



Assam - Black Tea

£5.30 • 25 tagged and enveloped bags • Code F127



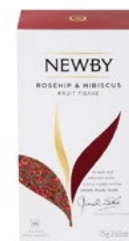
Indian Breakfast - Black Tea

£5.30 • 25 tagged and enveloped bags • Code F128



Black Tea & Thyme - Black Tea

£5.30 • 25 tagged and enveloped bags • Code F129



Rosehip & Hibiscus - Fruit Tisane

£6.90 • 25 tagged and enveloped bags • Code F136



Strawberry & Mango - Fruit Tisane

£6.90 • 25 tagged and enveloped bags • Code F137

Everyday Teas - Black Tea



Twinings English Breakfast
£16.40 • 100 tagged bags • Code F001



Twinings Earl Grey
£12.80 • 100 tagged bags • Code F002



Twinings Traditional English Decaffeinated
£22.40 • 100 tagged bags • Code F005



Twinings Everyday Catering Tea
£55.70 • 1200 Bags • Code F006



Twinings Traditional English
£7.40 • 50 tagged and enveloped bags • Code F010



Twinings Earl Grey
£8.10 • 50 tagged and enveloped bags • Code F011



PG Tips Catering Tea Bags
£34.90 • 1100 bags • Code F041



Tetley Catering Tea
£57.60 • 1100 bags • Code F032

Everyday Teas - Green & Herbal



Twinings Pure Camomile
£48.60 • 12 x 20 bags • Code F021



Twinings Pure Peppermint
£48.60 • 12 x 20 bags • Code F022



Twinings Lemon & Ginger
£48.60 • 12 x 20 bags • Code F024



Twinings Cranberry & Raspberry
£48.60 • 12 x 20 bags • Code F026



Twinings Pure Green Tea
£48.60 • 12 x 20 bags • Code F028



Twinings Herbal Variety Pack
£26.00 • 6 x 20 bags • Code F029



Twinings Red Bush Tea
£15.60 • 4 x 20 bags • Code F031



Twinings 4 Compartment Wooden Box
£26.90 • Code K124



Twinings 12 Compartment Wooden Box
£52.00 • Code K126

Hot Chocolate



Galaxy Instant Hot Chocolate Drink
1kg e



Galaxy Hot Chocolate Tin

£13.70 • 1kg • Code E030



Galaxy Hot Chocolate Vending

£56.00 • 10 x 750g • Code D006



Galaxy Hot Chocolate Sachets (28g)

£19.50 • 50 sachets • Code E031



Van Houten Hot Chocolate Vending

£65.20 • 10 x 1kg • Code D004



Cadbury No. 1 Vending Hot Chocolate

£109.60 • 10 x 1kg • Code E035



Cadbury Hot Chocolate Sachets

£26.00 • 50 sachets • Code E037

Instant Coffee & Milk



Nescafé Gold Blend Catering Tin

£42.30 • 750g • Code E001



Nescafé Gold Blend Decaff Catering Tin

£40.20 • 500g • Code E004



Nescafé Gold Blend Stick Sachets

£39.70 • 200 sachets • Code E013



Nescafé Gold Blend Decaff Stick Sachets

£42.70 • 200 sachets • Code E014



Minor Figures Oat Milk

£13.80 • 6 x 1L • Code D012



Caprimo Oat Milk Powder

£95.80 • 10 x 500g • Code D011



Mook Granulated Milk

£60.80 • 10 x 500g • Code D010



Semi-Skimmed Milk Portions

£9.10 120 portions • Code E054

Syrups



MONIN Syrup - Caramel
£14.60 • 1 Litre • Code E081



MONIN Syrup - Hazelnut
£14.60 • 1 Litre • Code E083



MONIN Syrup - Vanilla
£14.60 • 1 Litre • Code E084



Syrup Pump
£5.60 • Code E086

Sugar & Sweetener



Silver Spoon
Granulated Sugar
£3.40 • 1kg • Code E070



Canderel Red
Sweetener Sticks
£28.80 • 1000 sticks • Code E088



FreshGround
White Sugar Sticks
£18.80 • 800 sticks • Code E073



FreshGround
Brown Sugar Sticks
£18.80 • 800 sticks • Code E078

Biscuits



**Border Biscuits
Variety Pack**
£41.90 • 100 packs • Code E133



**Daelman's
Caramel Wafers**
£17.40 • 36 x Individually wrapped • Code E135



**Walkers Deluxe
Mini Variety Pack**
£37.20 • 100 packs • Code E124



**Lotus Biscoff
Caramelised Biscuits**
£25.10 • 300 biscuits • Code E115

Cups & Disposables



**FreshGround Single-Wall
Cups**
£44.00 • 1000 x 4oz •
Code K110



**FreshGround Single-Wall
Cups**
£57.90 • 1000 x 8oz •
Code K111



**FreshGround Single-Wall
Cups**
£72.00 • 1000 x 12oz •
Code K112



**FreshGround Double-Wall
Cups**
£71.10 • 500 x 8oz •
Code K120



**FreshGround Double-Wall
Cups**
£91.60 • 500 x 12oz •
Code K121



Paper Cones
£92.70 • 5000 x 4oz •
Code K109



Lids for Paper Cups
£40.40 • 1000 x 8oz • Code K116
£42.50 • 1000 x 12oz • Code K119



Wooden Stirrers
£8.70 • 1000 •
Code K152

Machine Cleaning & CO2 Cartridges

Water Filters & Descaling



Milk Frother Cleaner

£16.30 • 1 litre • Code K207



Coffee Machine Cleaning Tablets

£24.30 • 100 tablets • Code K208



Milk Frother Cleaning Brush Set

£9.50 • Set of 5 • Code Q110



Claris Blue Water Filter Cartridges

£61.30 • for F1 Jura Coffee Machines • Code J019



Claris Smart Water Filter Cartridges

£64.90 • for F1 Jura Coffee Machines • Code J021



Claris Pro Blue Water Filter Cartridges

£56.00 Each • for Jura Coffee Machines • Code J018



Coffee Machine Cleaning Kit

£33.10 • Code K210



Jura Milk System Cleaning Container

£22.50 • 1st generation machines • Code K225



Jura Milk System Cleaning Container

£22.50 • 2nd generation machines • Code K226



Claris Pro Smart Filter WE8 + Gen 2 GIGA

£52.80 • Code J028



CalCare 16 Water Filter

£102.10 • Code J014



CalCare 38 Water Filter

£132.10 • Code J016



CO2 Cartridges - Box of 4

£285.80 • 1300g • Code J037



CO2 Cartridges - Box of 6

£237.20 • 600g • Code J038



Urn and Brew Cleaning Powder

£13.20 • Code K215



Descaling Kit for Hot Water Boilers

£10.30 • 2 x 100g • Code K202



Descaling Kit for Hot Water Boilers

£34.40 • 8 x 100g • Code K203

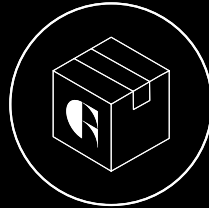


Jura Descaling Tablets

£56.60 • 36pc • Code K211



Order
by 3pm



Get delivery
tomorrow

Next Day Delivery

We provide next-day delivery as standard on all orders placed before 3pm. To place your order please visit our webshop at: freshground.co.uk/store

Order online – earn CoffeeClub points

Enjoy exclusive gift card rewards to spend at your favourite high street and online stores, just by shopping online with FreshGround. Learn more at: freshground.co.uk/coffeeclub

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Delivering happiness by the cup since 1982

All prices quoted exclude VAT at the current rate applicable to that item. Errors and omissions excepted.
Requests to return unused items or items without fault where the customer has changed their mind are subject to a restocking charge of 20%.

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